

## **Nitrous Oxide**

### **Making Your Appointment Relaxing**

#### **Why To Consider Nitrous Oxide:**

Nitrous oxide is a gas that is administered to help curb dental anxiety and make your appointment more enjoyable. You will not lose consciousness, but only feel more carefree.

#### **How Does Nitrous Oxide Work:**

Nitrous Oxide is in gas form that is inhaled through a special mask that is placed over your nose. Slowly, and under direct supervision of Dr. Amie Rockow-Nelson, oxygen and nitrous oxide is administered into the mask. Gradually you will feel a sense of relaxation and at this time your procedure will start.

#### **After the Appointment:**

When the procedure is complete, the doctor will request you stay seated for ten minutes while the nitrous oxide is turned off and only oxygen is administered. After your appointment you will be able to drive and return to your normal activities without any side effects.

#### **Nitrous Oxide is Your Decision:**

Nitrous oxide is an option that Dr. Amie Rockow-Nelson provides in her practice to help patients cope with dental anxiety. There is a small fee that will be assessed at your appointment if you chose to use nitrous oxide. Please feel free to ask your dental professionals any questions you may have regarding the use of nitrous oxide.