

Partials

The information below will be helpful to you with your new partials.

For the First Few Weeks:

It is normal for your new partials to feel strange and foreign to your tongue. The new partial may gag you at first. The more you are able to wear it, the more this sensation will fade. You may notice that you tend to salivate more during this adjustment stage. This will pass in time. Your speech won't feel normal, but after awhile you will become comfortable with your new beautiful partial.

Tender Spots:

Having sore spots is to be expected after we have placed your new partial. We will relieve these areas at your next visit. With time these areas will reduce in swelling and then you will have a comfortable fitting partial. If you feel any pressure on the teeth that the clasps rest on, please tell us.

While Chewing:

The way your teeth fit together may not feel right for several days. The fit of a new partial may take some getting used to, even if you've had a partial before. We do prefer, however, if patients with new partials could try them a few days before making adjustments. It is helpful to stick to a softer, non-sticky diet for the first seven to ten days.

Keeping it Clean:

You will want to remove your partial at night to give your tissue time to rest. Your partial must stay moist at all times, so you should place it in water. You will want to refrain from using "partial denture cleaner" as it may cause corrosion to the metal part of the denture. Be sure to brush the partial daily with toothpaste and a denture brush. Clean your partial over the sink with a towel in the sink, or fill the sink half-full of water, to protect your partial if you should happen to drop it.

Regular Wear:

It is very important to wear your partial every day. If you don't, the surrounding teeth will start to shift, causing your partial not to fit correctly. Please contact our office if you are unable to wear your partial.

Your Future with Your New Partial:

Your jawbone and gums will continuously shrink when teeth are missing. Wearing ill-fitting partials can cause severe bone loss and very serious oral diseases. It is essential to have regular exams and hygiene cleanings to maintain good oral health for your remaining teeth and gums. At your visit the dentist can make the proper adjustments to your partial.