

## TEMPORARY RESTORATION

In an effort to make the transition period for your permanent restoration as comfortable as possible, we have provided you with a “provisional” restoration. Although we do our utmost to provide you with the highest quality temporary possible, please be aware that it’s shape, color or texture may not look or feel as natural as your permanent restoration will.

### Care Instructions

Most importantly, we want you to be comfortable. Some patients may experience tenderness in the gum tissue and teeth once the anesthetic has worn off. A moderate pain reliever and anti-inflammatory like Advil or Nuprin may be helpful. Take 2 tablets every 4 hours as needed. To reduce gum tissue sensitivity, rinse with a warm salt water solution 3 times a day. We recommend ½ teaspoon of salt in a 4 ounce glass of warm water.

It is very important that your provisional restoration stay in place. Avoid foods like taffy and caramels, chewing gum, ice, nuts, and hard candy. Floss gently by *pulling the floss out the side* rather than pulling the floss out towards the top of the tooth as you are used to doing. When brushing, use a soft bristle brush to gently massage your gum tissue.

Provisional restorations are meant to be “temporary” and easy to remove. Do not be alarmed if your temporary should come off or loosen. Call us at your earliest convenience so that we can assess whether or not to schedule time to replace or recement the temporary. If your temporary is not in place, it is possible for adjacent teeth to shift, causing your permanent crown not to fit correctly and prolong treatment.

If you have any questions or concerns, do not hesitate to call us.