

Tooth Extractions for Children **Post-Operative Instructions**

1. Bite on gauze for 30 minutes after extraction. If the extraction site is still oozing you may change the gauze and continue to apply pressure. If bleeding persists, biting on a moistened tea bag should stop the bleeding fairly quickly.
2. Keep physical activity to a minimum for the rest of the day.
3. A soft diet is recommended for the remainder of the day. (i.e. soup, ice cream, etc.) A normal diet may be resumed the next day.
4. Avoid rinsing, spitting, and the use of straws the day of the extraction.
5. For pain Tylenol or Ibuprofen may be taken as instructed by the dentist.
6. Sutures may be placed to help speed the healing process when extracting permanent teeth. The sutures used are dissolvable and naturally will be lost within a couple of days.
7. Continue good oral hygiene at home, being careful when brushing around the extraction site for the first couple of days.

Please feel free to contact Dr. Amie Rockow-Nelson regarding any questions you may have after your child's tooth extraction.